

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Zina Knoesen**

Has successfully participated & completed the  
**13km Shift Wellness - Winter Wellness Trail Series**  
held at Walter Sisulu Garden.

**TIME 01:57:02**

**PACE 09:00/km**  
**OVERALL 42 of 59**

**GENDER 8 of 19**  
**OPEN 5 of 12**

21 July 2019, Sun

Date



*BoutTime*

Signature

